September
Suicide Prevention Month
...a time to reflect on how we can be safer from suicide together.

Community is essential to saving lives from suicide, and in recognition of that community spirit, I wanted to bring you a small act of kindness. Have a wonderful day!

If you or someone you know is having thoughts of suicide, there is hope. Please call the National Suicide Prevention Lifeline at 1-800-273-TALK.

Suicide intervention training: www.livingworks.net

Join the movement www.bethe1to.com #BeThe1To

suicideTALK safeTALK ASIST suicide to Hope

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